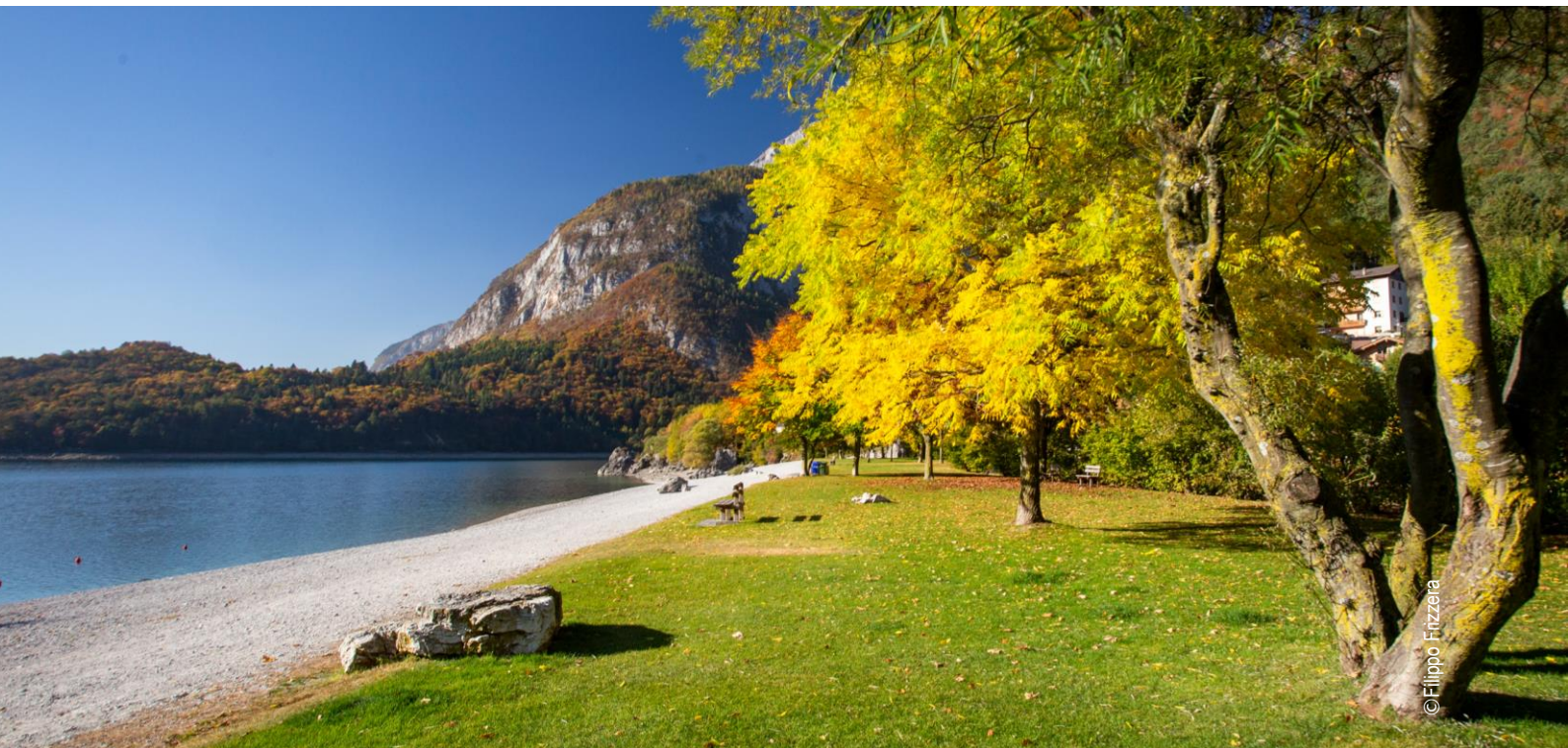


ITINERARY 9D

MOLVENO LAKE



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description

UNESCO Dolomites system	Brenta Dolomites
mountain group(s)	Brenta Dolomites
UNESCO values	<p>Landscape: Molveno Lake is the largest naturally-formed lake in the Italian Alps and lies at above 800 metres. It formed after the ice age (3000-3500 years ago) when an enormous landslide detached from the mountain above (Crona Saltere), blocking the valley. The lakeside path offers a spectacular view of the peaks of the central chain, the most imposing in the Brenta group, and the ridge of the Paganella-Gazza-Monte Ranzo range. Along the shores of the lake are a beautiful beach to the north, rocks, inlets, small beaches, fields and woods. The walk is accessible on foot, bike or horseback.</p> <p>Geology: the Brenta group ranges from the early Triassic to the Cretaceous (about 185 million years). The main features can be found in the rocks of the end of the Triassic, Jurassic and Cretaceous periods which bear witness to the opening up of the Lombardy basin and the evolution of the western edge of the Trento platform. There is a great deal of Main Dolomite which was deposited when the Dolomite region was a huge mudflat, repeatedly flooded by the tide (late Triassic). Some of the most famous peaks in the system are made of this rock (Cima Brenta, Cima Tosa and Grostè) and some marvellous valleys, such as Valle di Tovel, Val delle Seghe and Val Brenta Alta, have been carved out of it.</p> <p>[source: www.dolomitiunesco.info]</p>
description of the route	The route runs along the pretty shores of Molveno Lake, linking the smaller Bior Lake with the tip of the area in Ischia where you can swim. It is a flat route




with no particular difficulties and can be enjoyed by everyone, either on the grass or along the lake shore. You can join the path in several different places, depending where you park and the best access point for you.
The route is easy to follow, even though there are several forks leading to the main facilities in Molveno. There are a number of picnic areas with tables and benches along the way.

advice

recommended period	All year, preferably when the hotels and restaurants are open.
recommended gear	Thanks to the position and characteristics of the itinerary, which stays close to the shores of Molveno Lake, all you need is a small backpack with water or a packed lunch which you can eat at one of the many equipped areas along the lake shore. It is important to have sunscreen with you at all times and a change of clothes. Footwear with a non-slip sole is recommended. Thanks to the close proximity of the hotels and restaurants, the itinerary is safe at all times, even if the weather suddenly takes a turn for the worse.
recommended equipment	The route is suitable for everyone, with no particular technical difficulties. It can easily be tackled by the disabled with either push or electric wheelchairs. Furthermore, it is suitable for the blind or anyone with artificial lower limbs.
recommendations	Always travel with others, so they can help you deal with any difficulties you may encounter. When following the itinerary in an electric wheelchair, we recommend you use off-road equipment and check the autonomy of your batteries.
N.B.	Details of the route and facilities along the way can be found on the website https://www.molveno.it/it

info

altitude	1000 m a.s.l. (864 m)
starting point	Lakeside walk: the western tip of the route is indicated here: Ischia - Opposite the camp site GPS coordinates: 46.139453, 10.960506 Altitude: 820 m a.s.l.
arrival point	Lakeside walk: the eastern tip of the route is indicated here: Pozze - at the bridge over the Bior GPS coordinates: 46.141085, 10.967748 Altitude: 823 m a.s.l.
distance	1414 m
overall difference in height	11.30 m uphill; 3.90 m downhill
incline	Average uphill incline 3.9 % (over 290 m) Average downhill incline 3 % (over 136 m) Average incline on level ground < 1.0% (over 885.7 m)
minimum width	1.30 m (photo no. 10 of Molveno lakeside walk)
terrain	Grassy field or fine packed gravel
obstacles	Two narrow drainage channels (12 cm wide) cross the path in the section near Bior Lake, where there is the only steep part of the route (photo no. 11 and waypoint of Molveno lakeside walk). In the section from the Bior bridge, there is a slight slope in cement which is about 15 cm high and partly damaged (photo no. 13 and waypoint of Molveno lakeside walk). It has already been reported to the relevant authorities for maintenance
exposed stretches	There is just one exposed, unprotected stretch along the path connecting the

	swimming area and the Bior bridge (photo no.9 and waypoint of Molveno lakeside walk)
facilities	
access	The route can be accessed by private vehicles (with car parks along the whole swimming area of the lake) and public transport, with long-distance and local buses (which run in the summer)
restrictions	None
car park	All the main car parks have reserved spaces. On busy days, parking can also be found in Ischia, opposite the swimming pool. The reserved parking spaces are free of charge
accessible toilets	At Bar La Playa (behind the volleyball court), near the jetty (collect the keys from the crazy golf and boat ticket office) and on the east shore (wooden building along the side of the lake)
refreshments	There are numerous places where you can get refreshments along the route, both on the field and at the access points to the path
recharging stations for electric bikes	At Pump Track (opposite the municipal swimming pool)
network coverage	The whole route is covered by the main phone operators
GPS mapping	gD_Lago_Molveno.gpx
street view	https://www.google.it/maps/@46.1388807,10.9664161,3a,75y,268.64h,91.57t/data=!3m8!1e1!3m6!1sAF1QipMWA5CuEAFNAKIVckdj2omrrz3G2sk_ukvuYhOz!2e10!3e11!6shttps:%2F%2Flh5.googleusercontent.com%2Fp%2FAF1QipMWA5CuEAFNAKIVckdj2omrrz3G2sk_ukvuYhOz%3Dw203-h100-k-no-pi-o-ya238.41661-roo-fo100!7i6144!8i3072
signs along the route	There are several information boards along the route in Italian and English provided by different organisations (Adamello-Brenta Natural Park, Municipality of Molveno, Dolomiti Paganella tourist board) with information for tourists (hotels, restaurants, facilities) and about the nature in the area
UNESCO info points	None
guides	Local guides from Activity Trentino http://www.activitytrentino.it/ Guests staying in hotels which have an agreement with Activity Trentino can take advantage of its regular promotions, as well as a wide range of free activities. Details can be found in the hotel or on the website which also has a list of the partners
rental services	None
emergency numbers	112 European emergency telephone number 118 Italian emergency telephone number
contacts	
contact for info	APT Dolomiti Paganella Piazza Marconi, 5, Molveno Tel. +39 0461 586924 e-mail: infomolveno@visitdolomitipaganella.it
information provided by and itinerary checked by	  https://www.dolomiti-open.org/  http://www.sportfund.it/home/
route mapped on	22/10/2018
responsibility	The contents of this information sheet do not exempt hikers from responsible behaviour. The weather in the mountains can change very quickly and the degree of

difficulty of the itineraries depends on a number of factors which often cannot be foreseen, including the conditions of the route, how fit you are and your equipment. Before starting out, always check the weather forecast and contact the local tourist board for an update on the conditions of the route.

Weather: <https://www.meteotrentino.it/#!/home>

Local tourist board: <https://www.visitdolomitipaganella.it/it>