

ITINERARY 7B

CAREZZA LAKE




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description

UNESCO Dolomites system	Sciliar-Catinaccio, Latemar / Schlern-Rosengarten, Latemar
mountain group(s)	Torri di Latemar, Catinaccio
UNESCO values	<p>Landscape: Carezza Lake is a popular destination in the Dolomites and one of its icons. It is a good example of a high-altitude lake landscape. The visual impact of the lake is quite dramatic, thanks to a combination of features: its mirror-like effect due to the depth of the lake and its still surface, its transparency and the colours of the water (in fact the lake is known as the "Lec de l'arcobòan" ("the Rainbow Lake") in the local language). The lake has no tributaries and is fed by melting snow and an underground spring, causing the level of the water to rise and fall significantly: it is its highest in late spring and its lowest in late autumn. The spectacular Torri di Latemar, often compared to giant organ pipes, are reflected in its surface.</p> <p>Geology: the volcanic rocks are closely packed with sedimentary rocks, giving it a high concentration of minerals (Sciliar and Latemar) and therefore making it an area of global interest. Another notable feature is the evidence, unlike anywhere else, of the effects of the volcanic activity and the associated Triassic tectonics (collapsing escarpments, undersea landslides and subaerial lava flows). On the monumental Torri del Latemar, the faults have cut compact horizontal layers and erosion has led to the formation of spectacular spires and pinnacles. The calcareous layers of Mount Latemar contain some remarkable glacio-karst formations, known as sinkholes. Finally, the accessibility of the sites and the many fossiliferous outcrops make the world's scholars of Triassic stratigraphy flock to this place.</p>

	[source: https://www.dolomitiunesco.info/?lang=en]
description of the route	<p>You can reach the lake along the main road 241 (Val d'Ega) using either public transport (buses) or private means. The road becomes very busy in the summer as it links Bolzano with Val di Fassa through the Carezza pass and with the main road 48 of the Dolomites. There is nowhere to park along the road, so cars must be left in the car park slightly higher up (entrance at the 23 km mark). A subway takes visitors from the car park to the panoramic platform overlooking the lake to avoid crossing the busy road. There are shops, refreshments and accessible toilets at the car park.</p> <p>The excursion starts at the panoramic platform with the walk around the lake; the terrain is flat, the surface is even and the path is fenced off so presents no difficulties. You cannot go down to the lakeside.</p>
advice	
recommended period	Spring-summer when the water level is at its highest; access is guaranteed all year round.
recommended gear	Wear comfortable clothes in layers. It is important to have sunscreen with you at all times, a change of clothes should it rain and a small first aid kit.
recommended equipment	The itinerary is suitable for wheelchairs engineered to travel on uneven terrain (with tyres with deep treads) and front wheel; an electric assist off-road vehicle is recommended (e.g. off-road wheelchair).
recommendations	Always travel with others, so they can help you deal with any difficulties you may encounter. When following the itinerary in a wheelchair, on a mountain bike or with a pushchair, fit tyres with deep treads and always carry a complete tyre repair kit with a pump and spare inner tube.
N.B.	When using an electric wheelchair, it is a good idea to take some spare batteries.
info	
altitude	1500 m a.s.l.
starting point	Car park: via Lago di Carezza, 123 - 39056 Nova Levante (BZ) GPS coordinates: 46.410865, 11.575992 Altitude: 1556 m a.s.l.
arrival point	Panoramic platform: via Lago di Carezza, 123 - 39056 Nova Levante (BZ) GPS coordinates: 46.410129, 11.576042 Altitude: 1544 m a.s.l. Lakeside walk: 39056 Nova Levante (BZ) GPS coordinates: 46.408896, 11.572838 Altitude: 1544 m a.s.l.
distance	100 m (car park - panoramic platform); 940 m (car park - lakeside walk)
overall difference in height	10 m (car park - panoramic platform); 12 m uphill; 24 m downhill (lakeside walk)
incline	Average of 6 %; ramp in subway with 8 % incline
minimum width	1.50 m
terrain	Tarmac, dirt road and platform made out of planks of wood
obstacles	Up to the platform: none (terrain is compact and even, narrow channels covered by grating, no steps or obstacles of any kind) Lakeside walk: stretches with slight sideways incline
exposed stretches	None
facilities	

access	The starting point can be reached using both public and private transport. Public transport: buses (info: https://www.suedtirolmobil.info/en/) Private transport: Main road SS 241 to the paying car park
restrictions	None
car park	Large paying car park with 4 disabled spaces
accessible toilets	Available in the complex next to the car park (no handles)
refreshments	Accessible bar in the complex next to the car park
recharging stations for electric bikes	None
network coverage	Coverage provided by main mobile phone operators
GPS mapping	7B_track.gpx
street view	The whole route has not been mapped but there are some panoramic photos along the way: <u>Panoramic photo:</u> https://www.google.com/maps/@46.4099742,11.5752665,3a,75y,281.77h,90t/data=!3m1!1e1!3m10!1sAF1QipO81tfGQVU6m61jklUf98q4VRfEta-f8wVVdRzJ!2e10!3e11!5s20190401Toooooo!6shttps:%2F%2Flh5.googleusercontent.com%2Fp%2FAF1QipO81tfGQVU6m61jklUf98q4VRfEta-f8wVVdRzJ%3Dw203-h100-k-no-pio-ya353.97583-ro-o-f0100!7i3840!8i1920!9m2!1b1!2i35?hl=it <u>Panoramic photo:</u> https://www.google.com/maps/@46.4102955,11.5758682,3a,75y,109.06h,78.65t/data=!3m1!1e1!3m9!1sAF1QipOgLR_kH_joLwLx3nRUmoHPGgL99_W47nl23zU6!2e10!3e11!6shttps:%2F%2Flh5.googleusercontent.com%2Fp%2FAF1QipOgLR_kH_joLwLx3nRUmoHPGgL99_W47nl23zU6%3Dw203-h100-k-no-pio-ya199.22275-roo-f0100!7i8704!8i4352!9m2!1b1!2i35?hl=it
signs along the route	Information boards about the natural features of the Park on the platform and along the route
UNESCO info points	Information boards in the Park contain information about the World Heritage Site
guides	Sciliar-Catinaccio Natural Park guides [info: https://nature-parks.provinz.bz.it/schlern-rosengarten/guided-interpretive-nature-trail-hikes.asp]
rental services	None
emergency numbers	112 European emergency telephone number
contacts	
contact for info	Carezza Tourist Association: info@carezza.it
information provided by and itinerary checked by	 VITA INDIPENDENTE E MOBILITÀ SELBSTBESTIMMTES LEBEN UND MOBILITÄT https://www.independent.it/
route mapped on	May 2017
revised	July 2019
responsibility	The contents of this information sheet do not exempt hikers from responsible behaviour. The weather in the mountains can change very quickly and the degree of difficulty of the itineraries depends on a number of factors which often cannot be foreseen, including the conditions of the route, how fit you are and your equipment. Before starting out, always check the weather forecast and

contact the local tourist board for an update on the conditions of the route.

Weather: <http://weather.provinz.bz.it/default.asp>

Local tourist board: <https://carezza.it/en>