

## ITINERARY 6B

## LA VILLA - CORVARA



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### description

UNESCO Dolomites system	Puez-Odle
mountain group(s)	Odle
UNESCO values	<p><b>Landscape:</b> offering a variety of different landscapes, this itinerary winds its way along the valley floor of Val Badia, between La Villa and Corvara, showing visitors a landscape that is different to others found in the Dolomites: the populated valley floor. The route features all the different offerings of the most popular valley floors in the Dolomites: walks in the woods and along the river (Gadera), open spaces equipped for outdoor activities near small villages and vast meadows on alluvial terraces with views over the awe-inspiring peaks around them. This itinerary is more or less in a straight line and takes you from one landscape to another, like chapters in a book.</p> <p><b>Geology:</b> in this part of the Northern Dolomites there are outcrops of rock which tell of the arrival of the first Dolomite Sea, starting from the Permian desert plains. This exceptional area also features rocks that were witness to the mass extinction that occurred between the Permian and Triassic period, while the Anisian rocks show clear signs of the recovery made by the bio-constructor organisms after the disastrous extinction. The rocks of the deep sea of the Anisian and Ladinian periods in Seceda are of major scientific interest, as the abundance of fossils have enabled geologists to make extremely precise timescale measurements.</p> <p>This complexity creates dramatic variations in the landscape, from the even slopes of mount Rasciesa, formed from the volcanic porphyry rock of the Permian Atesino chain, to the contrasting jagged rocks of the carbonate</p>

	platform consisting of islands built from organisms, of Odle (Sciliar Dolomite), Puez-Gardenaccia or Sas de Putia (Cassian Dolomite). [source: <a href="http://www.dolomitiunesco.info">www.dolomitiunesco.info</a> ]
description of the route	This itinerary is about 4 km long and follows the flat forest path from La Villa to Corvara that runs alongside the Gran Ega stream. It begins in a small untarmacked car park located just outside the village of La Villa, which is reached by following the road in the direction of San Cassiano. Leave your car, cross the wooden bridge and start following the path. The forest road has an average incline of 5% and presents no particular difficulties or obstacles, apart from a couple of short, steep climbs (10-11%). Along the way it is possible to leave the road and follow another path which then rejoins the main road after a while. At the beginning of the itinerary, the route goes through a large picnic area with a barbecue (can be reserved) and a children's play area. It then goes past some sports facilities with a playground and a small lake, the starting point of a fitness course. Here the road begins to climb gently in the woods and there are many rest spots where you can stop. After about 2.5 kilometres, go over a wooden bridge (1.45 m) and continue on the other side of the stream for another 2 km. This second part of the itinerary winds its way through the thick conifer woods and climbs gently but continuously. As you approach the village of Corvara, there is an underpass for cyclists and pedestrians which is quite steep (12–13%), allowing you to cross the road safely and reach the hamlet of Pescosta. Here a bridge and a pedestrian path will take you to the centre of Corvara (1555 m), where you will also find a bus stop. Go back the way you came.
<b>advice</b>	
recommended period	From spring to autumn
recommended gear	Wear layers and comfortable boots. Always take a change of clothes with you.
recommended equipment	The even, compact terrain and the gentle slopes make this route suitable for hiking pushchairs and wheelchairs, although we do recommend equipment with tyres with deep treads that can cope with the dirt track. If you are on your own, given there are sections with steep inclines, an electric assist vehicle is recommended (electric wheelchair with a front wheel or off-road all-wheel drive).
recommendations	Always travel with others, so they can help you deal with any difficulties you may encounter. When following the itinerary in a wheelchair, on a mountain bike or with a pushchair, fit tyres with deep treads and always carry a complete tyre repair kit with a pump and spare inner tube. When using a wheelchair, we recommend an electric assist vehicle.
N.B.	None
<b>info</b>	
altitude	1000-1500 m a.s.l.
starting point	Car park outside the village, La Villa Badia, 39036 BZ GPS coordinates: 46.582771, 11.908071 Altitude: 1420 m a.s.l.
arrival point	Corvara in Badia, Strada Col Alt, bus stop, 39033 BZ GPS coordinates: 46.551426, 11.874187 Altitude: 1555 m a.s.l.
distance	8000 m (return trip)

overall difference in height	Approx. 260 m
incline	Average 5%, max 13% (pedestrian and cyclist underpass)
minimum width	Approx. 2.00 m
terrain	Even (dirt road and fine stabilised gravel)
obstacles	Narrow channels cross the path (not deep)
exposed stretches	None
<b>facilities</b>	
access	<u>Private transport</u> : untarmacked car park at the beginning of the route
restrictions	None
car park	Free car park with no reserved spaces
accessible toilets	None
refreshments	Near the lake and sports area
recharging stations for electric bikes	None
network coverage	Coverage is good along the whole itinerary
GPS mapping	<a href="#">6B_LaVilla-Corvara.gpx</a>
street view	<b>Panoramic photo approx. halfway along the route:</b> <a href="https://www.google.it/maps/@46.565278,11.888333,3a,75y,84.07h,90t/am=t/d/ata=!3m8!1e1!3m6!1sAF1QipPjwQcKmTpfviffnL7uLEV5J8KDBIClyDjac3Xz!2e10!3e11!6shttps:%2F%2Fh5.googleusercontent.com%2Fp%2FAF1QipPjwQcKmTpfviffnL7uLEV5J8KDBIClyDjac3Xz%3Dw203-h100-k-no-pi-o-ya13.408952-ro-o-fo100!7i7000!8i3500">https://www.google.it/maps/@46.565278,11.888333,3a,75y,84.07h,90t/am=t/d/ata=!3m8!1e1!3m6!1sAF1QipPjwQcKmTpfviffnL7uLEV5J8KDBIClyDjac3Xz!2e10!3e11!6shttps:%2F%2Fh5.googleusercontent.com%2Fp%2FAF1QipPjwQcKmTpfviffnL7uLEV5J8KDBIClyDjac3Xz%3Dw203-h100-k-no-pi-o-ya13.408952-ro-o-fo100!7i7000!8i3500</a>
signs along the route	Signs
UNESCO info points	None
guides	Local guides available who have attended the special training course run by the UNESCO Dolomites Foundation-Accademia della Montagna del Trentino [info: <a href="https://www.independent.it/">https://www.independent.it/</a> ]
rental services	None
emergency numbers	112 European emergency telephone number
<b>contacts</b>	
contact for info	Independent L., Via Laurin 2d & 6a - 39012 Merano (BZ) email: <a href="mailto:info@independent.it">info@independent.it</a> / tel. +39 0473 010850
information provided by and itinerary checked by	 VITA INDIPENDENTE E MOBILITÀ SELBSTBESTIMMTES LEBEN UND MOBILITÄT  <a href="https://www.independent.it/it/index">https://www.independent.it/it/index</a>
route mapped on	23/10/2018
<b>responsibility</b>	The contents of this information sheet do not exempt hikers from responsible behaviour. The weather in the mountains can change very quickly and the degree of difficulty of the itineraries depends on a number of factors which often cannot be foreseen, including the conditions of the route, how fit you are and your equipment. Before starting out, always check the weather forecast and contact the local tourist board for an update on the conditions of the route.  <b>Weather:</b> <a href="http://meteo.provincia.bz.it/">http://meteo.provincia.bz.it/</a> <b>Local tourist board:</b> <a href="https://www.altabadia.org/">https://www.altabadia.org/</a>