

ITINERARY 5A

FISCALINA VALLEY - FISCHLEINTAL




© independent

description

UNESCO Dolomites system	Dolomiti Settentrionali
mountain group(s)	Dolomiti di Sesto/Sextner Dolomiten; Punta Tre Scarperi/Dreischusterspitze; Croda dei Toni/ Zwölferkofel
UNESCO values	<p>Landscape: the Fiscalina Valley is an exceptionally well-preserved example of the ancient Triassic archipelago from which the Dolomites rose. The shapes and arrangement of the landscape we see today reflect those of millions of years ago. The route runs along what was the abyssal plain of the primordial sea, affording an exceptional view over the ancient islands which are better known today as the most famous mountain chains in the Dolomiti di Sesto: Croda dei Toni, Punta Tre Scarperi and Popera.</p> <p>The typically alpine vegetation comes in many colours and varieties, making the landscape particularly interesting from a naturalistic and floral point of view, too.</p> <p>Geology: the rocks of the Dolomiti di Sesto suffered little disturbance from the volcanic activity of the mid-Triassic period and recount the various stages in the evolution of the Triassic archipelago with extraordinary temporal continuity. This area features an enormous basal platform made up of a series of fossil islands which joined together (from the Anisian to the Carnian eras) and show all the stages of the evolution of these mountains: from the formation of the Triassic archipelago to its disappearance (the Helingskreuz and Travenanzes Formations). The various generations of islands and reefs are preserved in their original shape and position.</p> <p>The most interesting geomorphological features in the Sesto/Tre Cime area</p>

	are the great plateaux, ledges and balconies that formed on the roof of the Dolomite rock, evidence of the Ladinian-Carnian islands whose softer rocks contributed to the disappearance of the Dolomite archipelago. These plateaux form the base for the monumental towers - Tre Cime di Lavaredo, Torre Toblin and Torre dei Tre Scarpereri - and the jagged crests of Croda de Toni and Monte Paterno, all carved out of even layers of Main Dolomite. [source: https://www.dolomitiunesco.info/?lang=en]
description of the route	The excursion starts in Piano Fiscalino (1454 m a.s.l.) where there is a large car park and bus stop. A little further on, near the Hotel Dolomitenhof, the route begins which is nice and level. The first part is tarmacked and then it becomes a dirt track with compact terrain that goes through hay pastures. There are numerous rest areas along the way with tables, benches and some water fountains. At the junction, you can decide whether to continue along the flatter, more even road (signposted as a cycle track) or along the footpath which is a lot more uneven, until you reach the Fondovalle mountain hut (1548 m a.s.l.). Return the same way you came.
advice	
recommended period	Mid-May to end of October (when the Fondovalle mountain hut is open: https://www.talschlussuette.com/en/).
recommended gear	Wear comfortable clothes in layers. It is important to have sunscreen with you at all times, a change of clothes should it rain and a small first aid kit.
recommended equipment	The itinerary is suitable for wheelchairs engineered to travel on uneven terrain (with tyres with deep treads) and front wheel; an electric assist off-road vehicle is recommended (e.g. off-road wheelchair).
recommendations	Always travel with others, so they can help you deal with any difficulties you may encounter. When following the itinerary in a wheelchair, on a mountain bike or with a pushchair, fit tyres with deep treads and always carry a complete tyre repair kit with a pump and spare inner tube.
N.B.	When using an electric wheelchair, it is a good idea to take some spare batteries.
info	
altitude	1500 m a.s.l.
starting point	Piano Fiscalino, Via Val Fiscalina, 36 - 39030 Sesto (BZ) Altitude: 1452 m a.s.l. GPS coordinates: 46.666773, 12.353823
arrival point	Fondovalle mountain hut, Val Fiscalina - 39030 Sesto (BZ) Altitude: 1548 m a.s.l. GPS coordinates: 46.651303, 12.353920
distance	1950 m
overall difference in height	79 m uphill; 0 m downhill
incline	Average of 4 %
minimum width	Forest road (2.5 m)
terrain	Part tarmacked, part dirt road
obstacles	Terrain is compact and even, no deep channels
exposed stretches	None
facilities	
access	The starting point can be reached using both public and private transport.

	Public transport: buses (info: https://www.holzer.eu/en/public-transport/scheduled-service.aspx)
restrictions	Access road closed to traffic. The disabled are allowed to go as far as the mountain hut in their cars after receiving permission from the Forest Rangers in San Candido and displaying their badge
car park	Large paying car park in Piano Fiscalino. It has an untarmacked surface and two spaces for the disabled (on tarmac)
accessible toilets	At the bar of Hotel Dolomitenhof (at the beginning of the route) and at the Fondovalle mountain hut (halfway along the way)
refreshments	Hotel Dolomitenhof; Fondovalle mountain hut (both accessible)
recharging stations for electric bikes	None
network coverage	Coverage provided by main mobile phone operators
GPS mapping	5A_track.gpx
street view	Whole route has been mapped (winter view): https://www.google.it/maps/@46.6658576,12.3533965,2a,75y,196.53h,85.29t/data=!3m9!1e1!3m7!1sgshlHY7N8mLObXgN95v2eg!2e0!7i13312!8i6656!9m2!1b1!2i34?hl=it
signs along the route	Tre Cime Natural Park information boards
UNESCO info points	Information boards about the World Heritage Site
guides	Tre Cime Natural Park guides [info: https://nature-parks.provinz.bz.it/drei-zinnen/guided-interpretive-nature-trail-hikes.asp] The Fondovalle mountain hut can also be reached by horse-drawn carriages in summer and winter
rental services	None
emergency numbers	112 European emergency telephone number 118 Italian emergency telephone number
contacts	
contact for info	Sesto Tourist Association: info@sesto.it
information provided by and itinerary checked by	 VITA INDIPENDENTE E MOBILITÀ SELBSTBESTIMMTES LEBEN UND MOBILITÄT https://www.independent.it/
route mapped on	May 2017
revised	July 2019
responsibility	The contents of this information sheet do not exempt hikers from responsible behaviour. The weather in the mountains can change very quickly and the degree of difficulty of the itineraries depends on a number of factors which often cannot be foreseen, including the conditions of the route, how fit you are and your equipment. Before starting out, always check the weather forecast and contact the local tourist board for an update on the conditions of the route. Weather: http://weather.provinz.bz.it/default.asp Conditions of the route: https://www.sesto.it/en/