

ITINERARY 5E

DOBBIACO LAKE



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description

UNESCO Dolomites system	Dolomiti Settentrionali
mountain group(s)	Dolomiti di Sesto
UNESCO values	<p>Landscape: Dobbiaco Lake is a popular destination in the Dolomiti di Sesto and one of its icons. It is a splendid example of a high-altitude lake landscape. The visual impact of the lake is very dramatic, thanks to a combination of features: its mirror-like effect due to the depth of the lake and its still surface, its transparency and the emerald green colour of the water. The itinerary around the lake gives a spectacular view over the Picco di Vallandro group and Croda dei Baranci, separated by the Landro Valley.</p> <p>From a naturalistic point of view, Dobbiaco Lake is a rare example of a water meadow in the Alps and is popular among ornithologists as different types of birds stop there during migration.</p> <p>Geology: the rocks of the Sesto Dolomites which surround the lake preserve the various stages in the evolution of the Triassic archipelago. The extraordinary temporal continuity of these specimens indicates that they suffered little disturbance from the volcanic activity of the mid-Triassic period. This mountainous area features a basal platform made up of various generations of islands and reefs which are preserved in their original three-dimensional form. These rocks contain the fossilised remains of the first Dolomite sea that lapped at the coastal strips of the ancient archipelago and then invaded the entire area and, over a period of several million years, advanced and retreated in cycles (Werfen formations).</p> <p>[source: www.dolomitiunesco.info]</p>

description of the route	<p>This beautiful route around the lake is flat and offers a variety of different landscapes. It begins near the car park at Dobbiaco Lake along the Alemagna main road SS 51. The section of the route from the car park to the path around the lake has the greatest incline of the whole itinerary (approx. 13%) but, thanks to its tarmacked surface, it is relatively easy to tackle. Once you have got past this section, the terrain becomes flat with only short gentle climbs and the occasional difficulty due to the uneven surface. At some points along the way there are detours leading to a path along the lake shore which is narrow and very uneven (not recommended). About one third the way around the lake (in a clockwise direction) is a jetty jutting out into the water with a panoramic platform at the end. Access to the platform is a little difficult but not impossible. The path on the south side of the lake has sections in compact dirt/fine gravel interspersed with small wooden bridges (raised edges approx. 3 cm high).</p> <p>Eleven observation points are scattered along the route with educational boards about the flora and fauna at the lake in Italian and German.</p>
advice	
recommended period	From spring to autumn
recommended gear	Wear layers and comfortable boots. It is important to have sunscreen with you at all times, a change of clothes should it rain and a small first aid kit.
recommended equipment	The dirt track is even and compact; the gentle slopes make this route suitable for hiking pushchairs and wheelchairs, although we do recommend equipment with tyres with deep treads that can cope with the dirt track. If you are on your own, given there is a section with a steep incline (13%), an electric assist vehicle is recommended (electric wheelchair with a front wheel or off-road all-wheel drive).
recommendations	<p>Always travel with others, so they can help you deal with any difficulties you may encounter.</p> <p>When following the itinerary in a wheelchair, on a mountain bike or with a pushchair, fit tyres with deep treads and always carry a complete tyre repair kit with a pump and spare inner tube. When using a wheelchair, we recommend an electric assist vehicle.</p>
N.B.	None
info	
altitude	1000-1500 m a.s.l.
starting point	<p>Car park at Dobbiaco Lake, 39034 Dobbiaco BZ</p> <p>GPS coordinates: 46.705257, 12.220329</p> <p>Altitude: 1258 m a.s.l.</p>
arrival point	<p>Car park at Dobbiaco Lake, 39034 Dobbiaco BZ</p> <p>GPS coordinates: 46.705257, 12.220329</p> <p>Altitude: 1258 m a.s.l.</p>
distance	3000 m (around the lake)
overall difference in height	Approx. 30 m
incline	Average 2%, max 13% (approx. 30 m)
minimum width	Approx. 1.20 m
terrain	Even (dirt road and fine stabilised gravel)
obstacles	Along the path there is a barrier (always open), a wooden gate (always open) and some raised edges to get onto the wooden bridges.
exposed stretches	There are no protective side barriers along the whole route.

facilities

access	Private transport: paying car park for visitors to Lake Dobbiaco only Public transport: bus stop (times: http://www.sii.bz.it/)
restrictions	None
car park	Paying car park accessed from the Alemagna main road SS51 (GPS coordinates: 46.705468, 12.2204649)
accessible toilets	None
refreshments	There are several restaurants dotted around the lake (Seeschupfe, Seerestaurant)
recharging stations for electric bikes	None
network coverage	Coverage is good along the whole itinerary
GPS mapping	5E_Lago_Dobbiaco.gpx
street view	Panoramic photo along the route: https://www.google.it/maps/@46.7052231,12.2196522,3a,75y,153.06h,82.87t/am=t/data=!3m8!1e1!3m6!1sAF1QipNSu_QoOzyC16sMuoGNh3YGjshGLZ3axN6yPUfb!2e10!3e11!6shttps:%2F%2F1h5.googleusercontent.com%2Fp%2FAF1QipNSu_QoOzyC16sMuoGNh3YGjshGLZ3axN6yPUfb%3Dw203-h100-k-no-pi-o-ya244.23177-roo-f0100!7i9728!8i4864
signs along the route	Signs and several information boards in Italian and German on the flora and fauna of the lake are located at 11 observation points
UNESCO info points	UNESCO sign across path indicating the access point to site
guides	Local guides available who have attended the special training course run by the UNESCO Dolomites Foundation-Accademia della Montagna del Trentino [info: https://www.independent.it/]
rental services	
emergency numbers	112 European emergency telephone number

contacts

contact for info	Independent L., Via Laurin 2d & 6a - 39012 Merano (BZ) email: info@independent.it / tel. +39 0473 010850
information provided by and itinerary checked by	 VITA INDIPENDENTE E MOBILITÀ SELBSTBESTIMMTES LEBEN UND MOBILITÄT https://www.independent.it/it/index
route mapped on	23/10/2018

responsibility

	The contents of this information sheet do not exempt hikers from responsible behaviour. The weather in the mountains can change very quickly and the degree of difficulty of the itineraries depends on a number of factors which often cannot be foreseen, including the conditions of the route, how fit you are and your equipment. Before starting out, always check the weather forecast and contact the local tourist board for an update on the conditions of the route. Weather: http://meteo.provincia.bz.it/ Local tourist board: https://www.altabadia.org/
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